

NOPRESERVATIVES/SANSAGENTDECONSERVATION

RED SQUARE **Cheddar Cheese Bread**
PAIN AU FROMAGE CHEDDAR

KEEP REFRIGERATED/GARDER AU RÉFRIGÉRATEUR
No Eggs, Dairy or Fat Added!

Ingredients:
Unbleached - untreated flour, water, cheddar cheese, sugar, salt and yeast.

Ingrédients:
Farine non-traitée et non-blanchie, eau, fromage cheddar, sucre, sel et levure.

Best before/Meilleur avant:

Baked by:
Perestroika Products Ltd.
Burnaby, B.C. V5J 3L5

Weight / Poids: 900 g / 2 lbs

7 75461 78400 3

4 1/4" P-260 DIE 66 TOOTH PERESTROIKA PRODUCTS SEPT '00 MOMEDIA

RED 485 BLUE 2788 BROWN 724

CHEDDAR CHEESE BREAD

NOPRESERVATIVES/SANSAGENTDECONSERVATION

RED SQUARE **Number 8 Bagel/Bun**
BAGEL #8/PETITS PAINS

KEEP REFRIGERATED/GARDER AU RÉFRIGÉRATEUR
No Eggs, Dairy or Fat Added!

Ingredients:
Unbleached - untreated flour, water, sugar, salt and yeast.

Ingrédients:
Farine non-traitée et non-blanchie, eau, sucre, sel et levure.

Best before/Meilleur avant:

Baked by:
Perestroika Products Ltd.
Burnaby, B.C. V5J 3L5

6-Pack
Weight / Poids: 600 g / 1.3 lbs

7 75461 78800 1

4 1/4" P-260 DIE 66 TOOTH PERESTROIKA PRODUCTS SEPT '00 MOMEDIA

RED 485 BLUE 2788 BROWN 724

#8 BAGELS

NOPRESERVATIVES/SANSAGENTDECONSERVATION

RED SQUARE **LEANGARLIC DOUBLES MOKED Kolbassa**
Doublement fumé

KEEP REFRIGERATED/GARDER AU RÉFRIGÉRATEUR
No Eggs, Dairy or Fat Added!

Ingredients:
Minced pork, water, salt, fresh garlic, ground black pepper, spices.

Specifications:
Only fresh pork meat (not frozen) and natural hog casings are used. We double smoke Garlic Kolbassa over our very special slow smoking wood chips (hickory, cherry, apple and oak).

Ingrédients:
Porc haché, eau, sel, ail frais, poivre noir moulu, épices.

Spécifications:
Nous employons du porc haché frais (et non congelé), de deux reprises sur notre mélange de fumaison spécial à base de sciure de bois (hickory, cerisier, pommier et chêne).

Best before/Meilleur avant:

Distributed by:
Perestroika Products Ltd.
Burnaby, B.C. V5J 3L5

Weight / Poids: 454 g / 1 lb Ring

7 75461 79000 4

4 1/4" P-260 DIE 66 TOOTH PERESTROIKA PRODUCTS SEPT '00 MOMEDIA

RED 485 BLUE 2788 BROWN 724

KOLBASSA

NOPRESERVATIVES/SANSAGENTDECONSERVATION

RED SQUARE **Cheddar Cheese Bagel**
BAGEL AU FROMAGE CHEDDAR

KEEP REFRIGERATED/GARDER AU RÉFRIGÉRATEUR
No Eggs, Dairy or Fat Added!

Ingredients:
Unbleached - untreated flour, water, cheddar cheese, sugar, salt and yeast.

Ingrédients:
Farine non-traitée et non-blanchie, eau, fromage cheddar, sucre, sel et levure.

Best before/Meilleur avant:

Baked by:
Perestroika Products Ltd.
Burnaby, B.C. V5J 3L5

6-Pack
Weight / Poids: 600 g / 1.3 lbs

7 75461 78900 8

4 1/4" P-260 DIE 66 TOOTH PERESTROIKA PRODUCTS SEPT '00 MOMEDIA

RED 485 BLUE 2788 BROWN 724

CHEDDAR CHEESE BAGELS

NOPRESERVATIVES/SANSAGENTDECONSERVATION

RED SQUARE **Potato Bread**
PAIN AUX POMMES DE TERRE

KEEP REFRIGERATED/GARDER AU RÉFRIGÉRATEUR
No Eggs, Dairy or Fat Added!

Ingredients:
Unbleached- untreated flour, mashed potatoes, water, sugar, salt and yeast.

Ingrédients:
Farine non-traitée et non-blanchie, pommes de terre pilées, eau, sucre, sel et levure.

Best before/Meilleur avant:

Baked by:
Perestroika Products Ltd.
Burnaby, B.C. V5J 3L5

Weight / Poids: 900 g / 2 lbs

7 75461 78300 6

4 1/4" P-260 DIE 66 TOOTH PERESTROIKA PRODUCTS SEPT '00 MOMEDIA

RED 485 BLUE 2788 BROWN 724

POTATO BREAD

NOPRESERVATIVES/SANSAGENTDECONSERVATION

RED SQUARE **HIGH 12 FIBER Peasant's Buns**
PETITS PAINS DE PAYSAN À HAUTE TENEUR EN FIBRE

KEEP REFRIGERATED/GARDER AU RÉFRIGÉRATEUR
No Eggs, Dairy or Fat Added!

Ingredients:
Untreated dark rye flour, unbleached-untreated whole wheat flour, malt wheat flour, ground flax seed, rye flakes, oat flakes, bran flakes, ground millet, barley flakes, sesame seeds, corn meal, ground soy beans, carob meal, corn meal, sunflower seeds, water, yeast, lemon juice, salt.

Ingrédients:
Farine de seigle brun foncé non-traitée, farine de blé entier non-traitée et non-blanchie, farine de blé malté, graines de lin moulues, flocons de seigle, flocons d'avoine, flocons de son, millet moulu, flocons d'orge, graines de sésame, farine de maïs, fèves de soja moulues, farine de caroube, farine de maïs, graines de tournesol, eau, levure, jus de citron, sel.

Best before/Meilleur avant:

Baked by:
Perestroika Products Ltd.
Burnaby, B.C. V5J 3L5

6-Pack
Weight / Poids: 600 g / 1.3 lbs

7 75461 78700 4

4 1/4" P-260 DIE 66 TOOTH PERESTROIKA PRODUCTS SEPT '00 MOMEDIA

RED 485 BLUE 2788 BROWN 724

PEASANT'S BUNS

Nutrition Facts	
Serving size 100 g / Bun	
Servings Per Bun 1	
Amount Per Serving	% Daily Value*
Calories 240	Calories from Fat 0
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Cholesterol 0 g	0%
Sodium 380 mg	16%
Total Carbohydrate 46 g	15%
Dietary Fiber 12 g	48%
Sugars 0 g	
Protein 10 g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 20%

NOPRESERVATIVES/SANSAGENTDECONSERVATION

RED SQUARE **HIGH 12 FIBER Peasant's Bread**
PAIN DE PAYSAN À HAUTE TENEUR EN FIBRE

KEEP REFRIGERATED/GARDER AU RÉFRIGÉRATEUR
No Eggs, Dairy or Fat Added!

Ingredients:
Untreated dark rye flour, unbleached-untreated whole wheat flour, malt wheat flour, ground flax seed, rye flakes, oat flakes, bran flakes, ground millet, barley flakes, sesame seeds, corn meal, ground soy beans, carob meal, corn meal, sunflower seeds, water, yeast, lemon juice, salt.

Ingrédients:
Farine de seigle brun foncé non-traitée, farine de blé entier non-traitée et non-blanchie, farine de blé malté, graines de lin moulues, flocons de seigle, flocons d'avoine, flocons de son, millet moulu, flocons d'orge, graines de sésame, farine de maïs, fèves de soja moulues, farine de caroube, farine de maïs, graines de tournesol, eau, levure, jus de citron, sel.

Best before/Meilleur avant:

Baked by:
Perestroika Products Ltd.
Burnaby, B.C. V5J 3L5

Weight / Poids: 900 g / 2 lbs

7 75461 78600 7

4 1/4" P-260 DIE 66 TOOTH PERESTROIKA PRODUCTS SEPT '00 MOMEDIA

RED 485 BLUE 2788 BROWN 724

PEASANT'S BREAD

Nutrition Facts	
Serving size 50 g / 1 Slice	
Servings Per Loaf 17 Slices	
Amount Per Serving	% Daily Value*
Calories 120	Calories from Fat 0
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Cholesterol 0 g	0%
Sodium 190 mg	8%
Total Carbohydrate 23 g	7%
Dietary Fiber 6 g	24%
Sugars 0 g	
Protein 5 g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 10%

NOPRESERVATIVES/SANSAGENTDECONSERVATION

RED SQUARE **HIGH FIBER Russian Dark Rye**
PAIN DE SEIGLE RUSSE BRUN FONCÉ

KEEP REFRIGERATED/GARDER AU RÉFRIGÉRATEUR
No Eggs, Dairy or Fat Added!

Ingredients:
Untreated dark rye flour, unbleached-untreated whole wheat flour, water, ground flax, yeast, salt, unsweetened caramel, ground caraway.

Ingrédients:
Farine de seigle brun foncé non-traitée, farine de blé entier non-traitée et non-blanchie, eau, lin moulu, levure, sel, caramel non-sucré, carvi moulu.

Best before/Meilleur avant:

Baked by:
Perestroika Products Ltd.
Burnaby, B.C. V5J 3L5

Weight / Poids: 900 g / 2 lbs

7 75461 78500 0

4 1/4" P-260 DIE 66 TOOTH PERESTROIKA PRODUCTS SEPT '00 MOMEDIA

RED 485 BLUE 2788 BROWN 724

DARK RYE

Nutrition Facts	
Serving size 50 g / 1 Slice	
Servings Per Loaf 17 Slices	
Amount Per Serving	% Daily Value*
Calories 110	Calories from Fat 10
Total Fat 1 g	1.5%
Saturated Fat 0.25 g	0.5%
Cholesterol 0 g	0%
Sodium 190 mg	8%
Total Carbohydrate 20 g	7%
Dietary Fiber 5.5 g	22%
Sugars 0 g	
Protein 4 g	
Vitamin A 0%	Vitamin C 0%
Calcium 3%	Iron 17%